

NEW BOOK

If you want to know what happened after you finished reading 'BORDERLINE,' then my new book, 'THE HEART REMEMBERS: A MEMOIR OF GROWTH THROUGH GRIEF,' tells the rest of the story.

Oct. 2, 2019 is the release date for the paperback edition. The kindle version is already available on Amazon.

This book is not a manual on how to live after the death of your spouse. There can never be such a manual because every life, and every death, is different. But it is an account of how I got through the first couple of years after my husband died. And it does chronicle some of the details one might expect when going through such an event.

The events that take place in this memoir are real, the places are real, and most of the names are real. I honored the wishes of those who chose to remain anonymous.

It is my firm belief that writing through one's pain is a healing art. And I believe, as well, that reading the words of that journey is helpful to those on a similar path.

I hope you will choose to read 'The Heart Remembers: A Memoir of Growth through Grief.' It is my distinct honor to be able to write it for you.